

**2018**  
**Junior Developmental National Invitational**



**USA GYMNASTICS®**



# 2018

## Junior Developmental National Invitational

- **Dates:** April 28<sup>th</sup>, 2018
- **Competition Director:** Rich Pulsfort
- **Location:** Lou Gross Sports Center, United States Military Academy, West Point, NY 10996 Use Thayer Gate to enter West Point and have a picture I.D. for ages 16 and older.
- **Host Hotel:** **There is no host hotel for this event.**
- **Entries:** Please find the competition on the USA Gymnastics Meet Reservation System and enter your athletes into the competition.  
Deadline for entries is April 14, 2018 Opens March 15,2018
- **Cost:** \$100 Per athlete
- **Awards:** Individual will meet or exceed USA Gymnastics recommended minimums and **Team awards** after each session.
  - **Division 2:** Top 3 scores on each event regardless of age
  - **Division 1 (11-14)** Top 3 scores on each event
  - **Division 1 (15-19)** Top 3 scores on each event
  - **Division 1(11-19)** Top 5 scores on each event

Schedule of Events  
Revised 4/15/18

Session 1 – Saturday, April 28<sup>th</sup> – Lou Gross Sports Center

Level Junior Development Division 2 (11-12), (13-14),(15-18)

AM – 9:30-10:00 Open Stretch and Check in

AM – 10:00-10:15 Line up and National Anthem

AM – 10:15-10:25 Warm up first event (Modified Capitol Cup)

AM – 10:25-12:25PM Competition

12:30-1:00 Awards

Session 2 – Saturday, April 28<sup>th</sup> – Lou Gross Sports Center

Level Junior Development Division 1 Ages (11-14), (15-16), (17-18)

PM – 1:30-2:00 Open Stretch and Check in

PM – 2:00-2:15 Line up and Anthem

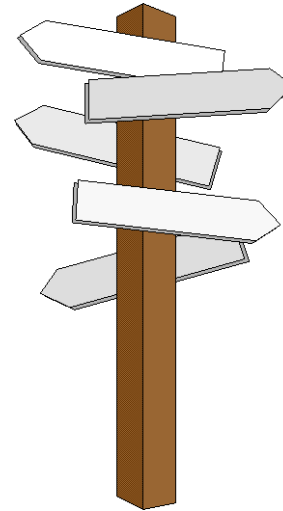
PM – 2:15- 2:25 Warm up first event (Modified Capitol Cup)

PM – 2:25-4:25 Competition

4:30-5:00 Awards

\*\*\*Session ages are also the awards groups\*\*\*

# Traveling to West Point



From the New York State Thruway (Route 87):

Take exit 16-Harriman to Route 6-East to Route 293 to 9W south. Follow signs for West Point.

From the West (Western New York): Take Route 17 East to Exit 131 (Harriman).

Take Route 6-East to Route 293-East. Take Route 9W-South and follow signs for West Point.

From the Massachusetts Turnpike: Take New York State Thruway (Route 87) South to Exit 16-Harriman to Route 6-East to Route 293 to Route 9W-South. Follow signs for West Point.

From the Danbury, Connecticut Area:

Take Interstate 84-West to Exit 10-South (Newburgh, NY). Follow Route 9W south and follow signs for West Point.

From Southern Connecticut:

Take Route 95-South to Route 287-West across the Tappan Zee Bridge. Take New York State Thruway (Route 87)-North to Exit 16-Harriman. Take Route 6-East to Route 293 to Route 9W South. Follow signs for West Point.

From Western New Jersey:

Take Route 94-East to Route 17-East to Route 6-East to Route 293-East to 9W-South. Follow signs for West Point.

From Central/South Jersey:

Take New Jersey Turnpike North. Follow signs for George Washington Bridge lower level. Take exit Palisades Parkway North to Bear Mountain Parkway to Route 6 East. Take third right on the roundabout to 9W north and follow signs to West Point.

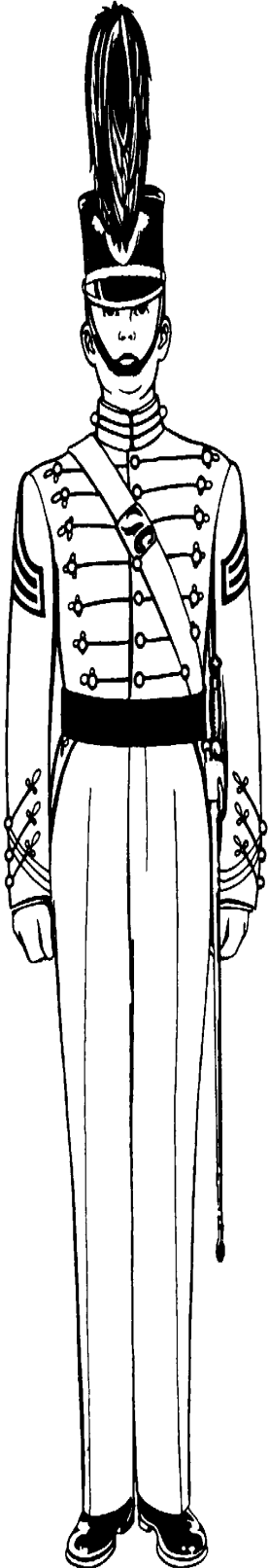
# Parking at West Point

## **Enter West Point by using Thayer Gate**

**Lou Gross Sports Center Facility parking is adjacent to the parking lot G up the hill from the Holleder Center.**

**Please obey all parking rules and regulations. The Military Police have jurisdiction over West Point.**

# Local Lodging



## West Point Area:

Holiday Inn Express  
1106 Route 9W  
Fort Montgomery, NY  
(845) 446-4277

West Point Motel  
156 Main Street  
Highland Falls, NY  
(845) 446-4180

U.S. Academy Motel  
41 Main Street  
Highland Falls, NY  
(845) 446-2021

Best Western Palisades  
Route 218 & 9W  
Highland Falls, NY  
(845) 446-9400

Bear Mountain Inn  
Route 9W  
Bear Mountain, NY  
(854) 786-2731

## North of West Point: - approximately 15-30 minutes from West Point

Hampton Inn –  
60 Centre Drive  
Central Valley, NY  
(845) 782-9600

Hudson Valley Hotel  
90 Route 17K  
Newburgh, NY  
(845) 564-9020

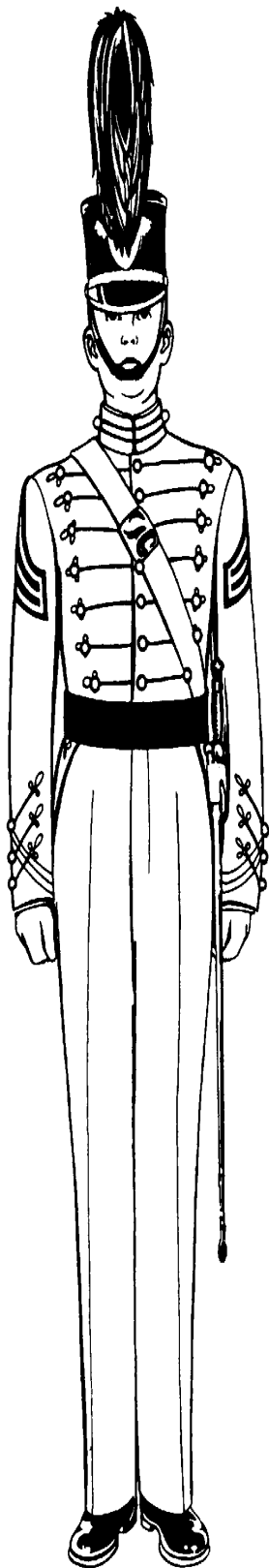
Ramada Inn  
1055 Union Avenue  
Newburgh, NY  
(845) 564-4500

Super 8 Motel  
1287 Route 300  
Newburgh, NY  
(845) 564-5700

Howard Johnson Lodge  
95 Route 17K  
Newburgh, NY  
(845) 564-4000

Days Inn  
845 Union Avenue  
Newburgh, NY  
(845) 564-7550

Comfort Inn  
5 Lakeside Road  
Newburgh, NY  
(845) 567-0567



# Local Lodging

Econo Lodge  
31 Windsor Drive  
New Windsor, NY  
(845) 561-6620

Courtyard by Marriott  
4 Governor Drive  
Newburgh, NY  
(845) 567-4800

Hampton Inn of Newburgh  
1054 Union Avenue  
Newburgh, NY  
(845) 567-9100

## New Jersey Hotels: -approximately 40-45 minutes to West Point

Ramada Inn  
180 Rt. 17S  
Mahwah, NJ  
(201) 529-5880

Sheraton International  
One International Blvd.  
Mahwah, NJ  
(201) 529-1660

Courtyard Marriott  
140 Route 17S  
Mahwah, NJ  
(201) 529-5200

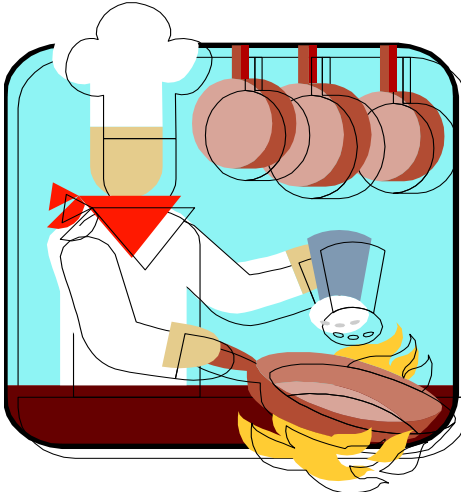
## South of West Point: -approximately 40-50 minutes to West Point

Marriott-Westchester  
670 White Plains Road  
Tarrytown, NY  
(914) 631-2200

Holiday Inn  
3 Executive Blvd.  
Suffern, NY  
(914) 357-4800

Marriott Park Ridge  
300 Brae Blvd.  
Park Ridge, NJ  
(201) 307-0800

Pearl River Hilton  
500 Veterans Memorial  
Pearl River, NY  
(914) 735-9000



## LOCAL AREA RESTAURANTS

### Highland Falls

**Hacienda Restaurant**  
145 Main Street  
(845) 446-8257

**Thayer Hotel**  
Thayer Road  
(845) 446-4731

**McDonald's**  
Main Street  
(845) 446-4935

**Park Restaurant**  
64 Main Street  
(845) 446-8709

**Schade's Restaurant**  
54 Main Street  
(845) 446-2626

**West Wing**  
323 Main St.  
(845) 446-2226

**Dong Fong Restaurant**  
78 Main Street  
(845) 446-0763

**Maria Bonita Mexican Restaurant**  
315 Main Street  
(845) 446-5393

#### Subs/Pizza:

**West Point Pizza**  
282 Main Street  
(845) 446-5544

**Highland Falls Market**  
447 Main Street  
(845) 446-3992